



**Excelsior**  
**Orthopaedics**  
Sports Performance

# ***FIT2PLAY SPORTS PERFORMANCE PROGRAM***

**» AT FLASH FIELDS «**



**STAY IN THE GAME AND TRAIN WITH THE BEST!**

OUR FIT2PLAY PROGRAM IS THE PERFECT WAY TO START OR CONTINUE YOUR PERFORMANCE TRAINING THROUGHOUT THE YEAR!

NEW ATHLETES MUST UNDERGO ASSESSMENT PRIOR TO ENTERING THE PROGRAM. SUBSEQUENT TESTING CAN BE PURCHASED A LA CARTE.

WE OFFER MULTIPLE PACKAGES TO FIT YOUR NEEDS!  
PLEASE VISIT OUR WEBSITE FOR THE CURRENT PROGRAM SCHEDULE

**Gold**

**Fit2Play Assessment  
12 Fit2Play Sessions  
\$199**

**Silver**

**8 Fit2Play Sessions  
\$140**

**Bronze**

**4 Fit2Play Sessions  
\$80**

