

F.A.S.T. SUMMER PERFORMANCE CAMP

» AT FLASH FIELDS «



EARLY BIRD SPECIAL
ENDS 4/30/2025

OUR FLAGSHIP SUMMER PROGRAM

Join us this summer for our 3rd annual Functional Athletic Sports Training (FAST) Summer Performance Camp! All options include pre and post-program testing.

- COLLEGIATE DATES & INFO:
 - June 23-Aug 15, M/W/F
 - 3:30pm-5:00pm
- MIDDLE SCHOOL/HIGH SCHOOL DATES & INFO:
 - June 23-Aug 15, M/W/F
 - 10:30am-12:00pm or 2:00pm-3:30pm
- PRE & POST CAMP TESTING:
 - Pre-program testing must be scheduled during the week of June 16-20
 - Post-program testing must be scheduled during the week of August 18-22

24 SESSIONS

~~\$500~~ **\$450**

16 SESSIONS

~~\$400~~ **\$350**

8 SESSIONS

~~\$300~~ **\$250**



***REFER A NEW CLIENT, GET DOUBLE REWARDS POINTS FOR ANY SIGN UPS BEFORE 6/16**