



# SPRING SPORTS PERFORMANCE CAMP

## TRANSFORM YOUR GAME IN 13 WEEKS.

3/17/26 - 6/4/26

TUES & THURS 4:30PM- 6:00PM

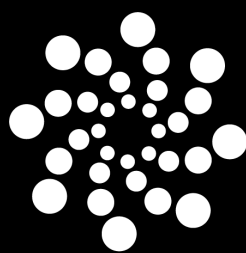
FLASH FIELDS, 6831 SENECA ST, ELMA, NY

### PROGRAM HIGHLIGHTS

- EXPERT COACHING IN SMALL GROUP/PERSONALIZED SETTING
- SPORT-SPECIFIC DRILLS TAILORED FOR ANY SPORT
- OPEN TO MIDDLE SCHOOL, HIGH SCHOOL & COLLEGIATE ATHLETES
- PRE & POST TESTING TO TRACK RESULTS

## DOWNLOAD THE EXCELSIOR ORTHOPAEDICS APP OR VISIT

## EXCELSIOR-SPORTS.COM TO SIGN UP TODAY!



**Excelsior**  
Orthopaedics  
Sports Performance

